**Philosophy of Nursing**

**NURS 300- Introduction to Theories and Concepts I**

**NURS 431- Transition to Professional Nursing Practice**

**Purpose of Assignment**

The purpose of this assignment is to enable the student to rediscover his or her personal philosophy of nursing as it exists upon the completion of the baccalaureate nursing program.

**Student Approach to Assignment**

This philosophy assignment focuses on my interpretation on what the definition of nursing is, relationships in nursing, and its purpose and principles. Through this assignment I can see a direct timeline of my growth in the clinical setting and my personal growth as well. It allows abstract concepts to be transformed into more concrete ideals that I can represent. By comparing my personal nursing philosophy from the beginning of the nursing program to the end, I understand what is important to me and how to use my nursing philosophy to advance as a nurse.

**Reason for Inclusion of this Assignment in the Portfolio**

This philosophy assignment allows others to follow along my journey in discovering what my nursing philosophy is. It is a representation of how I plan to carry myself in the field, and my understanding of the nursing practice within the professional principles of practice and my personal principles. The following program competencies are demonstrated:

* Critical Thinking
	+ *Uses nursing and other appropriate theories and models to guide professional practice.*
		- Example: In the revised paper, I explored my assumptions in relation to the relationship between the nurse and the client, the nurse and the community, and the nurse and other healthcare professionals. My beliefs were supported by using Lenninger’s Culture Care and Diversity and Universality Theory, Modeling and Role Modeling Theory by Erickson, Tomlin, and Swain, and King’s Goal Attainment Theory respectfully.
* Leadership
	+ *Articulates the values of the profession and the role of the nurse as member of the interdisciplinary health care team.*
		- Example: In the revised paper, I utilized the ANA description of nursing, stating that the values of the profession are safeguarding public health and protecting the needs of patients. As for the role of a nurse, it is to advocate, promote health, and to educate. Additionally, I outlined that the role of a nurse in an interdisciplinary health care team is to contribute to teamwork through communication and respect, which is supported by King’s Goal Attainment Theory.
* Professionalism
	+ *Applies an ethical decision-making framework and legal guidelines to clinical situations that incorporate moral concepts, professional ethics, and advocacy for patient well-being and preferences.*
		- Example: In the revised paper, I described the two major principles that guide my nursing practice; the ethical principle of veracity and the moral concept of treating patients with care and dignity. These principles are incorporated in the ANA Code of Ethics where one of its provisions is that the nurse practices compassion and respect for the inherent dignity, worth, and personal attributed of every person, and the other is that nurses must promote open and honest communication.
* Culture
	+ *Integrates knowledge of cultural diversity in performing nursing interventions.*
		- Example: In the revised paper, I discussed my assumption about the nurse- client relationship in a culturally diverse setting and pointed out the importance of respect and clear commination when planning interventions. Clear communication to allow the client a platform to share their beliefs, and respect by recognizing that a client’s cultures and beliefs are important and equal to one’s self. Also, that the nurse should recognize that culture does have a place in healthcare, and that the they should be readily expecting to tailor their care to the needs of the client to avoid harm. I applied Leininger’s Culture Care Diversity and Universality Theory, supporting that the cultural beliefs and values of a patient can influence health behavior and in turn influence the outcome of their care.